





	Trust Wide
Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officers guidelines recommend thatprimary school pupils undertake at least 30 minutes of physical activity a day in school	 INTENT For all school: To promote physical activity across the curriculum time and outside of the classroom. To include the daily mile or active 15 to promote physical activity and increase fitness throughout the school. To promote children to engage in learning and physical activity during their time on the playground. To ensure all children have access to high quality teaching. To promote the use of active brain breaks Every child in the trust to have access to the swimming pool. IMPLEMENTATION Offer afterschool and breakfast sports clubs Train playground leaders and lunch staff to lead activities at break/lunchtime and Active 15. PE team to deliver afterschool clubs PE team to assist schools in the use of brain breaks
	 IMPACT Behaviour has improved at break and lunchtime due to fewer opportunities to be bored. The children are able to physically move for longer without needing to stop. Children are more ready to learn after activity







	- All children are able to swim before they leave primary school.
Key Indicator 2: The profile of PESSPA being raised across the school as a tool for whole school improvement	 INTENT For all schools: To promote achievements in school during assembly time and at the end of the academic year to promote sport in the school, including celebration with parents. To promote achievements throughout the year when children attend tournaments to promote sport in the school. Notice board to raise the profile of P.E. and sport in school for children, visitors and parents to see. Sport and PE to be promoted within horizons. Trust tournaments arranged for both key stages.







	 Schools to book onto the trust tournaments Medals and certificates bought IMPACT Minimal or no children opting out of PESSPA Children are proud of all sporting achievements inside and out of school Children are enthused and want to represent their schools.
Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport	 INTENT For all schools: Identify any training needs across the trust and find courses. PE Lead to offer training where schools have requested. PE lead to keep schools up to date with any new legislations when teaching/leading PESSPA. IMPLEMENTATION PE Lead works with specific teachers with planning and delivering lessons. PE lead to develop the use of 'double page' spread for assessment in PE IMPACT Teachers and support staff more confidence when delivering and supporting PE sessions Children are able to show their understanding and knowledge that they have been taught.







Key indicator 4: Broader experience of a range of sports and activities offered to all pupils	 INTENT For all schools: Continue to expose and encourage the children to participate in a wide range of physical activities especially sports and activities not normally covered in PE lessons. IMPLEMENTATION Examples are Fencing, Shooting, Archery, lacrosse and golf. PE lead can sign post schools to other specific sports. IMPACT Children will find a sport/activity that they love and will develop lifelong participation. IMPLEMENT and the specific sports.
Key indicator 5: Increased participation in competitive sport	 Be active healthy adults. <i>Trust wide competition delayed due to covid.</i> INTENT All children have the opportunity to take part in intra school competition. All KS2 children are given the opportunity to take part in inter trust competition. IMPLEMENTATION Sports days, intra house completions throughout the year.







- Trust wide tournaments around the 2 counties. Every KS2 child has the opportunity to take part in the cross country at Helmingham Hall.
 IMPACT Children are proud to be in a team and a community. Children are exposed to winning and losing.